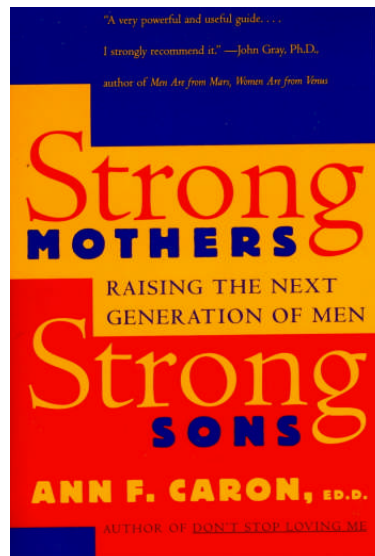




Home Study Continuing Education Program



Strong Mothers Strong Sons Raising The Next Generation of Men. By Ann F. Caron, Ed.D.



Home Study Program

Instructions

- 1. Purchase/obtain the book or article.**
- 2. Read the book or article.**
- 3. Complete the test with a score of 75% or better. (You may take it online if you purchased it online. Please refer to instructions in your email receipt)**
- 4. Sign the test form.**
- 5. Send/fax the test and evaluation to:**

Commonwealth Educational Seminars
1020 West Barnstable Rd
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: 800) 376-3345 or email at
info@CommonwealthSeminars.com

Approved for Social Workers, Psychologists, Licensed Mental Health Counselors, LADCs, Certified Counselors and NAADAC members.

**Commonwealth Educational Seminars
Home Study Program**

**Strong Mothers Strong Sons
By Ann F. Caron, Ed.D.**

Please answer these questions with a True (T) or False (F)

- 1. Some cultures still favor sons over daughters for reasons of tradition.**
- 2. A child's personality also molds and shapes his relationship with his parents.**
- 3. A son cannot receive message about empathy and care from his father as well as he can his mother.**
- 4. Under "Memos for Moms" the author suggests, "Do not give him gifts that foster his natural aggressiveness."**
- 5. There is an order to the changes taking place in puberty, but the timing of these changes is unique to each boy.**
- 6. Boys do not continue their adolescent fantasies into adulthood.**
- 7. According to Nancy Chodorow, "Satisfactory mothering comes from a person with a firm sense of self and of her own value."**
- 8. A boy can depend on his mother without confiding everything in her – a distinction most mothers find easy to understand.**
- 9. A son needs a mother to maintain a healthy balance of attachment and individuality and love.**
- 10. Adolescent boys assimilate what their mothers assume they do.**

- 11. Letting a son experience some of the pain that others have suffered does not help his adolescent mind realize the consequences of his actions.**
- 12. In many studies, early-adolescent boys spend more time alone than girls do.**
- 13. The author suggests, “Be brief.” A mother doesn’t have to list the reasons for a request.**
- 14. The author suggests, “Be direct.” A direct request is appreciated by boys who cannot read their mother’s inner thoughts.**
- 15. Mothers who presume that their sons will turn out fine rarely have sons who fulfill those expectations.**
- 16. A successful home-school partnership relies on two-way communication between school and home.**
- 17. If a son’s performance is consistently lower than his ability, the author suggests asking the school to have him tested.**
- 18. As the numbers of unsupervised adolescents increase, the statistics do not show an increase in early sexual activity and early adolescent involvement with drug and alcohol use.**
- 19. Good coaches are the key to organized adolescent athletics.**
- 20. The author suggests letting one’s son work at a paid job for more than 10-15 hours a week.**
- 21. Regarding sexuality, the clear and urgent message of parents should be abstinence and postponement.**
- 22. Young athletes are increasingly less involved with sexual assaults on women.**
- 23. When commenting on adolescent drug abuse, former Surgeon General Antonia Novello says, “One of the biggest problems we have is the complacency of parents.”**

- 24. The life stories of gay men may have many common threads, but one solitary factor does not dominate their upbringing.**
- 25. The same family can produce both gay and straight children and we don't know why.**
- 27. Most boys possess sensitivity, but are hesitant to reveal it.**
- 26. In terms of the pain associated with the loss of a father, a boy often cloaks it behind bravado and indifference.**

Evaluation:

Please answer the following questions in order to help us determine the effectiveness of this course:

I completed all requirements of this course without assistance from others.

Signature

I am better able to:

- 1. Recognize methods mothers can utilize to foster communication and understanding between themselves and their sons.**
True False
- 2. Describe the different stages of male development.**
True False
- 3. Identify how gender-related messages are communicated to young children.**
True False
- 4. Be aware of how mothers can foster emotional maturity in their sons.**
True False

The content of this course was:

1. Appropriate for my profession.

2. Consistent with stated objectives.

The author of this course, Ann F. Caron, Ed.D was knowledgeable in the content area.

True False

Comments:

Relevancy:

1. Information could be applied to practice.

2. Information could contribute to achieving personal, professional goals.

This program enhanced my professional expertise.

Substantially

Somewhat

Not at all

I would recommend this program to others.

Yes

No

Not sure

Strong Mothers, Strong Sons Certification Test
You may take this certification test online.

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on *Strong Mothers, Strong Sons* in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 5. Take the test and submit it.**
- 6. Download and print your Certificate of Completion.**

Or you can fill out this printed test and send it to us.
Please fill in the following information and Mail/fax it to:

Commonwealth Educational Seminars
1020 West Barnstable Rd
Marstons Mills, MA 02648
Fax: (508) 420-3360

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: (____) _____ e-mail: _____@_____

I am seeking CE credit for the following profession(s):

Profession	License Number	State
____ Psychologist (APA):	_____	_____

____ Social Work (ASWB): _____

____ Certified Counselor (NBCC): _____

____ LMHC (NBCC): _____

____ Drug/Alcohol Counselor/LADC:(NAADAC): _____

____ Licensed Marriage/Family Therapist (NBCC): _____

Certification Number