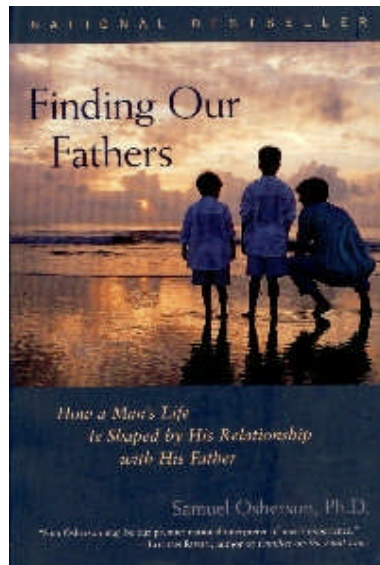




## Home Study Continuing Education Program



### **Finding Our Fathers** **How A Man's Life Is Shaped** **By His Relationship With His Father** **By Samuel Osherson, Ph.D.**



# Home Study Program

## Instructions

1. Purchase/obtain the book or article.
2. Read the book or article.
3. Complete the test with a score of 75% or better.
  - a. You may take it online if you wish. Please refer to the instructions on the registration page of the test packet.
  - b. You may take the test more than once at no cost.
4. Sign the test form.
5. Send/fax the test and evaluation to:

Commonwealth Educational Seminars  
1020 West Barnstable Rd  
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: 800) 376-3345 or email at  
[info@CommonwealthSeminars.com](mailto:info@CommonwealthSeminars.com)

**Approved for Social Workers, Psychologists, Licensed Mental Health Counselors, LADCs, Certified Counselors and NAADAC members.**



**Home Study Certification Examination**  
**Finding Our Fathers**  
**How A Man's Life is Shaped By His Relationship With His Father**  
**by Samuel Osherson, Ph.D.**

**Please circle (T) True or (F) False.**

1. According to the author, men's early and on-going relationships with their fathers shape the intimacy and work dilemmas men coming of age today face.  
True  
False
2. According to the author, men often misidentify with their fathers, crippling their identities as men.  
True  
False
3. Becoming a father may spark an identity struggle for men.  
True  
False
4. Many people believe that men care more than women about love.  
True  
False
5. Part of what gets in the way of reconciliation between fathers and sons is our conflict around separating from our mothers.  
True  
False
6. When a man says he can't love his children because he wasn't loved well enough, it is the wounded father he is struggling with.  
True  
False
7. For a son who grows up with the experience of the all-suffering father, suffering and entrapment may seem the male fate.  
True  
False
8. Children rarely become ideal or surrogate partners for their parents.  
True  
False
9. Sons and fathers often have to act out their struggles indirectly or symbolically.  
True  
False

Finding Our Fathers Certification Test Page 2:

10. The author emphasizes men's need to heal the wounded father within.

True

False

11. The feeling of neglect is a problem only for men in traditional marriages whose wives go back to work after the kids are grown.

True

False

12. Only a minority of women in most recent studies report depression when their children grow up.

True

False

13. Very few men attempt to avoid the feelings created by changes within their families by working harder on their careers.

True

False

14. Reproductive difficulties can help heal the wounded father within our hearts by leading us to understand that pain and vulnerability are a part of life, not a badge of failure.

True

False

15. Child psychologist, Dr. Bruno Bettelheim urges us to dismiss children's fairy tales.

True

False

16. The real-life vulnerabilities and sense of neediness of men during pregnancy also lie in the recognition that they have become dependent on the fetus.

True

False

17. Rarely do social cues push men toward trying to act instrumental and in control during pregnancy.

True

False

18. In several studies of new parents, the wives report that the primary negative impact of the child is on their work life.

True

False

19. The wife-as-family-expert pattern is a big trap for many husbands.

True

False

20. It is not essential to remember that men have much to gain from tolerating the discomfort of getting into their families.

True

False

21. According to the author, many new fathers he has spoken with, of spoken of how hard it is to take care of their kids when their wife is around.

True

False

22. Healing a wounded father may not come in actual dialogue with him.

True

False

**I certify that I have personally completed all of the requirements for this home study program:**

---

**Signature**

**Finding Our Fathers Certification Test**  
**You may take this certification test online.**

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on *Finding Our Fathers* in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 5. Take the test and submit it.**
- 6. Download and print your Certificate of Completion.**

**Or you can fill out this printed test and send it to us.**  
**Please fill in the following information and Mail/fax it to:**

**Commonwealth Educational Seminars**  
**1020 West Barnstable Rd**  
**Marstons Mills, MA 02648**  
**Fax: (508) 420-3360**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ e-mail: \_\_\_\_\_@\_\_\_\_\_

**I am seeking CE credit for the following profession(s):**

<b>Profession</b>	<b>License Number</b>	<b>State</b>
____ Psychologist (APA):	_____	_____

\_\_\_\_ Social Work (ASWB): \_\_\_\_\_

\_\_\_\_ Certified Counselor (NBCC): \_\_\_\_\_

\_\_\_\_ LMHC (NBCC): \_\_\_\_\_

\_\_\_\_ Drug/Alcohol Counselor/LADC:(NAADAC): \_\_\_\_\_

\_\_\_\_ Licensed Marriage/Family Therapist (NBCC): \_\_\_\_\_

**Certification Number**