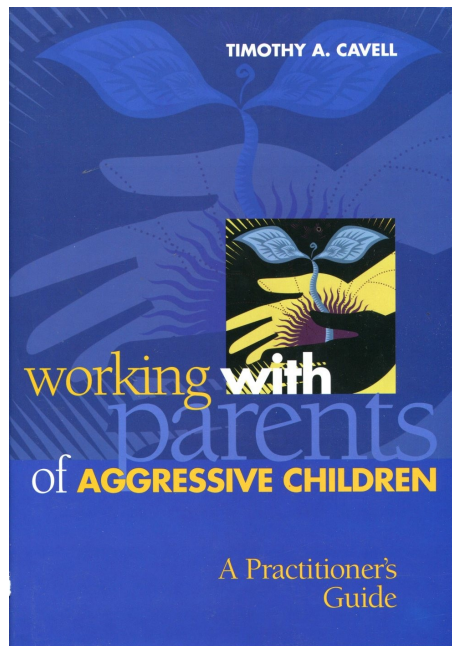




## Home Study Continuing Education Program



**Working With Parents Of Aggressive Children**  
**By Timothy A. Cavell, Ph.D.**  
**8 CE Hours credit**

# Commonwealth Educational Seminars

## Certification Exam

### Working With Parents of Aggressive Children by Timothy A. Cavell, Ph.D.

Select one response for each question below.

1. Three types of information - normative, idiographic and relational - all have bearing on how one works with parents of aggressive children.

- a. True     b. False

2. Socioeconomic status (SES) factors have shown the strongest and most consistent links to antisocial behavior.

- a. True     b. False

3. Currently, the prognosis for aggressive children is good.

- a. True     b. False

4. The author states that few alternatives to the behavioral model of parent training exist.

- a. True     b. False

5. For aggressive children, parent training is considered a key ingredient of any comprehensive treatment package.

- a. True     b. False

6. The responsive parent therapy (RPT) model does not assume that working effectively with parents of aggressive children requires a strong therapeutic alliance.

- a. True     b. False

7. One assumption of the author's RPT plan is that the behavioral demands of aggressive children often exceed the parents' capacity to be accepting, containing and prosocial.

- a. True     b. False

8. Instruction, modeling, and rehearsal with feedback are the three most widely used methods of training parents.

- a. True     b. False

9. The task of being supportive to parents differs little from the task of supporting any client in psychotherapy.

- a. True     b. False

10. Building and maintaining an effective therapeutic alliance with parents of aggressive children requires a mix of teaching, supporting and processing.

- a. True     b. False

11. The author states that there is evidence that parents who convey greater acceptance do not enjoy increased compliance from their children.

- a. True     b. False

12. There are some skills related to play and listening that do not come easily for parents.

- a. True     b. False

13. It is not necessary to build new habits before critiquing old habits.

- a. True     b. False

14. Teaching parents to be more accepting is often a challenging enterprise.

- a. True     b. False

15. Effectively containing an aggressive child will eliminate the exchange of negative emotions.

- a. True     b. False

16. The four steps to containment are: instruct, warn, sanction and reconnect.

- a. True     b. False

17. The four-step approach to containment is generally all that parents of aggressive children will need.

- a. True     b. False

18. Most practitioners are unlikely to consider parents' beliefs and values as reasonable targets of intervention.

- a. True     b. False

19. A family's routine can indicate what is important to the family and how well organized the family is.

- a. True     b. False

20. Parents of aggressive children need more support for, assistance with, and time off from parenting.

- a. True     b. False

21. Aggression in children can be an unyielding characteristic that is often repeated from one generation to the next.

- a. True     b. False

You have now completed the exam. Please answer the following evaluation questions. Your answers do not affect your test score:

22. I have completed all the requirements for this home study course without any assistance from others.

- a. True     b. False

23. The content of this course was appropriate for my profession.

- a. True     b. False

24. The course information was relevant and can be applied to practice.

- a. True     b. False

25. The course information contributed to achieving personal, professional goals.

- a. True     b. False

26. I would recommend this program to others.

- a. True     b. False



# Home Study Program

## Instructions

1. Purchase/obtain the book or article.
2. Read the book or article.
3. Complete the test with a score of 75% or better.
  - a. You may take it online if you wish. Please refer to the instructions on the registration page of the test packet.
  - b. You may take the test more than once at no cost.
4. Download the Certificate immediately.
5. If you are not taking the test online, please mail or fax the test to:

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1020 West Barnstable Rd  
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: 800) 376-3345 or email at  
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- 3. Click on *Working With Parents Of Aggressive Children* in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
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**I am seeking CE credit for the following profession(s):**

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\_\_\_\_ LMHC (NBCC): \_\_\_\_\_

\_\_\_\_ Drug/Alcohol Counselor/LADC:(NAADAC): \_\_\_\_\_

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**Certification Number**