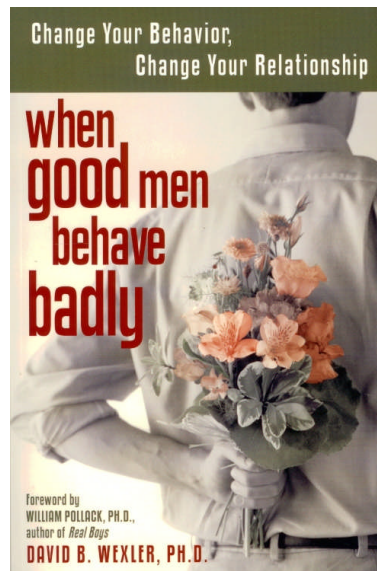




Home Study Continuing Education Program



When Good Men Behave Badly **Change Your Behavior, Change Your Relationship** By David B. Wexlar, Ph.D.

Certification Number:



Home Study Program

Instructions

1. Purchase/obtain the book or article.
2. Read the book or article.
3. Complete the test with a score of 75% or better.
 - a. You may take it online if you wish. Please refer to the instructions on the registration page of the test packet.
 - b. You may take the test more than once at no cost.
4. Sign the test form.
5. Send/fax the test and evaluation to:

Commonwealth Educational Seminars
1020 West Barnstable Rd
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: 800) 376-3345 or email at
info@CommonwealthSeminars.com

Approved for Social Workers, Psychologists, Licensed Mental Health Counselors, LADCs, Certified Counselors and NAADAC members.

Commonwealth Educational Seminars Certification Exam

Select one response for each question below.

When Good Men Behave Badly. By David B. Wexler, Ph.D.

1. A selfobject is another person (or place, activity, or special object) that functions to keep us feeling cohesive.

- a. True b. False

2. According to the author, if you behave badly in a relationship, it is typically the case that you have experienced a fundamental emotional injury or mirroring breakdown preceding this outbreak.

- a. True b. False

3. According to psychologist Donald Dutton, male shame comes from private exposure of one's vulnerability.

- a. True b. False

4. The search for oneness originates from the primary, symbiotic relationship between mother and child.

- a. True b. False

5. Children rarely assume that they deserve abuse.

- a. True b. False

6. The narrative that males develop about the behavior of their fathers and mothers is crucial in generating the male's working definition of masculinity.

- a. True b. False

7. The task, as a man at midlife, is to develop more of what is referred to as "emotional intelligence."

- a. True b. False

8. It is the world of relationships that provides the most potent trigger for a man's leap forward in the midst of midlife issues.

- a. True b. False

9. The midlife moment of the emergence of the self is not played out through a man's relationship with his intimate partner.

- a. True b. False

10. The fear of being overwhelmed by the suffering of another is one of the greatest inhibitors of compassionate and empathic responses.

- a. True b. False

11. One way of explaining why some men (and women too) engage in relentless patterns of angry outbursts is that these outbursts offer something rewarding at a brain chemical level.

- a. True b. False

12. Self-awareness becomes the basic building block for all other emotional abilities.

- a. True b. False

13. Research and common sense are unified in recognizing the value of distraction as a way to allow the brain and nervous system to shift gears when someone is dangerously upset.

- a. True b. False

14. In managing any mood (including depression, anxiety, and anger), distraction emerges as a most potent mind-altering device.

- a. True b. False

15. If you believe that you have committed, or are in danger of committing, imaginary crimes, then you are not an acceptable candidate for relational heroism.

- a. True b. False

16. Many men rely exclusively on the woman in their life for emotional support or as a catalyst for emotional access.

- a. True b. False

17. There is nothing more likely to generate the hopefulness of the good-men-behaving-badly narrative than the discovery of a 'twinsip' experience.

- a. True b. False

18. Psychopaths are selfish, callous, and remorseless.

- a. True b. False

19. Men have a crucial responsibility to keep their defensiveness in check.

- a. True b. False

You have now completed the exam. Please answer the following evaluation questions. Your answers do not affect your test score:

20. I have completed all the requirements for this home study course without any assistance from others.

- a. True b. False

21. The content of this course was appropriate for my profession.

- a. True b. False

22. The course information was relevant and can be applied to practice.

- a. True b. False

23. The course information contributed to achieving personal, professional goals.

- a. True b. False

24. I would recommend this program to others.

- a. True b. False

When Good Men Behave Badly Certification Test
You may take this certification test online.

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on *When Good Men Behave Badly* in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 5. Take the test and submit it.**
- 6. Download and print your Certificate of Completion.**

Or you can fill out this printed test and send it to us.
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Marstons Mills, MA 02648
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I am seeking CE credit for the following profession(s):

Profession	License Number	State
____ Psychologist (APA):	_____	_____

____ Social Work (ASWB): _____

____ Certified Counselor (NBCC): _____

____ LMHC (NBCC): _____

____ Drug/Alcohol Counselor/LADC:(NAADAC): _____

____ Licensed Marriage/Family Therapist (NBCC): _____

Certification Number