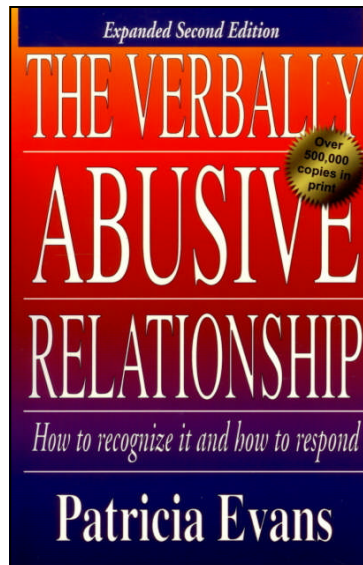




## Home Study Continuing Education Program



### **The Verbally Abusive Relationship How To Recognize It & How To Respond** By Patricia Evans, Ph.D.

Certification ID:



# Home Study Program

## Instructions

1. Purchase/obtain the book or article.
2. Read the book or article.
3. Complete the test with a score of 75% or better.
  - a. You may take it online if you wish. Please refer to the instructions on the registration page of the test packet.
  - b. You may take the test more than once at no cost.
4. Sign the test form.
5. Send/fax the test and evaluation to:

Commonwealth Educational Seminars  
1020 West Barnstable Rd  
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: 800) 376-3345 or email at  
[info@CommonwealthSeminars.com](mailto:info@CommonwealthSeminars.com)

**Approved for Social Workers, Psychologists, Licensed Mental Health Counselors, LADCs, Certified Counselors and NAADAC members.**

# Commonwealth Educational Seminars Certification Exam

## The Verbally Abusive Relationship By Patricia Evans

Select one response for each question below.

1. With verbal abuse, compared to physical battering, recovery can take much longer.

- a. True     b. False

2. Physical abuse is always preceded by verbal abuse.

- a. True     b. False

3. Name calling is not a form of verbal abuse.

- a. True     b. False

4. The author states, "The most significant and surprising discovery I made was that the verbal abuser and the partner seemed to be living in the same realities."

- a. True     b. False

5. Recognizing and identifying verbal abuse has proved to be extremely difficult for many people.

- a. True     b. False

6. A verbally abusive relationship is not an invalidation of the partner's reality.

- a. True     b. False

7. The belief that the abusive mate is rational and that understanding can be reached, keeps the abused partner in the relationship.

- a. True     b. False

8. When a verbal abuser is berating his/her partner, the abuser is never describing him/herself.

- a. True  b. False

9. Usually the partners of verbal abusers do not know what is going on in their relationship.

- a. True  b. False

10. Verbal abuse does not constitute psychological violence.

- a. True  b. False

11. Verbal abuse may be covert (very, very subtle, like brain- washing).

- a. True  b. False

12. Countering, a category of verbal abuse, is not the dominant response of verbal abusers.

- a. True  b. False

13. The verbal abuser especially undermines the partner's self- perception.

- a. True  b. False

14. A child's name calling ("You poo poo!") and an adult's name calling ("You bitch!") originate within the same level of emotional development.

- a. True  b. False

15. Since you have a right to manage your affairs, if you are being blocked and diverted from gaining the information you need, then your boundaries are being violated.

- a. True  b. False

16. Since name calling is abusive, it should be responded to with outrage. "Stop that! Don't ever, ever call me names!"

- a. True     b. False

17. Verbally abusive relationships do not share the same underlying dynamics.

- a. True     b. False

18. Withholding enables the abuser to dominate his partner while keeping his/her ideal image intact.

- a. True     b. False

19. If a child is told by a parent, "She (he) didn't mean that," the child's experience is invalidated.

- a. True     b. False

20. One of the most effective responses a child can make to a peer who is putting him/her down, is to say, "That's what YOU say," with a strong emphasis on "you."

- a. True     b. False

21. Interrogation is a form of diversion.

- a. True     b. False

22. There is no such thing as spiritual abuse.

- a. True     b. False

You have now completed the exam. Please answer the following evaluation questions. Your answers do not affect your test score:

23. I have completed all the requirements for this home study course without any assistance from others.

- a. True     b. False

24. The content of this course was appropriate for my profession.

a. True     b. False

25. The course information was relevant and can be applied to practice.

a. True     b. False

26. The course information contributed to achieving personal, professional goals.

a. True     b. False

27. I would recommend this program to others.

a. True     b. False

**The Verbally Abusive Relationship Certification Test**  
**You may take this certification test online.**

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on The Verbally Abusive Relationship in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 5. Take the test and submit it.**
- 6. Download and print your Certificate of Completion.**

**Or you can fill out this printed test and send it to us.**  
**Please fill in the following information and Mail/fax it to:**

**Commonwealth Educational Seminars**  
**1020 West Barnstable Rd**  
**Marstons Mills, MA 02648**  
**Fax: (508) 420-3360**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Telephone:** ( \_\_\_\_\_ ) \_\_\_\_\_ **e-mail:** \_\_\_\_\_ @ \_\_\_\_\_

**I am seeking CE credit for the following profession(s):**

| <b>Profession</b>                | <b>License Number</b> | <b>State</b> |
|----------------------------------|-----------------------|--------------|
| _____ <b>Psychologist (APA):</b> | _____                 | _____        |

|                                  |       |       |
|----------------------------------|-------|-------|
| _____ <b>Social Work (ASWB):</b> | _____ | _____ |
|----------------------------------|-------|-------|

|  |       |       |
|--|-------|-------|
| _____ <b>Certified Counselor (NBCC):</b> | _____ | _____ |
|--|-------|-------|

|                           |       |       |
|---------------------------|-------|-------|
| _____ <b>LMHC (NBCC):</b> | _____ | _____ |
|---------------------------|-------|-------|

|  |       |       |
|--|-------|-------|
| _____ <b>Drug/Alcohol Counselor/LADC:(NAADAC):</b> | _____ | _____ |
|--|-------|-------|

|   |       |       |
|---|-------|-------|
| _____ <b>Licensed Marriage/Family Therapist (NBCC):</b> | _____ | _____ |
|---|-------|-------|

**Certification Number**