

Commonwealth Educational Seminars Certification Exam

The Path to Love By Deepak Chopra, M.D.

Select one response for each question below.

1. What people call flaws are really just the scars of hurts and wounds accumulated over a lifetime.
a. True b. False
2. Love is a force as real as gravity.
a. True b. False
3. To love another person does not involve opening up your whole being.
a. True b. False
4. In the West what we generally call love is mostly a power, not a feeling.
a. True b. False
5. It is all-important to find our happiness upon a basis that doesn't change.
a. True b. False
6. In our society, the more tangible something is, the more we have faith in it.
a. True b. False
7. Judgment is not whatever tells you that there is something wrong with yourself or someone else.
a. True b. False
8. To value yourself is to love yourself.
a. True b. False
9. Once it has grown to fullness, a love based on spirit has no fear of being wounded.
a. True b. False
10. The language of spirit comes to us as silent assurance, self- acceptance, patience, and an appreciation of simply being.
a. True b. False
11. Falling in love is accidental.
a. True b. False
12. Nothing kills romance quicker than fear.
a. True b. False
13. A person who exhibits both positive and negative qualities, strengths and weaknesses is not flawed but complete.
a. True b. False
14. The phase of infatuation is the least controversial stage of love.
a. True b. False

15. When the object of love doesn't respond, infatuation becomes a preoccupation with fantasy.
a. True b. False

16. Perception is not a choice.
a. True b. False

17. Fantasy can be exciting and diverting, but it is almost never associated with insight.
a. True b. False

18. The past is based on memory, which will always remain personal.
a. True b. False

19. Only when you begin to feel safe does your psyche permit you to look at fears that were too intense to confront before.
a. True b. False

20. The worst imprint you can have from your childhood is that your models for love were also models of betrayal.
a. True b. False

21. Projection attaches our beliefs to other people.
a. True b. False

22. One of the least valuable things you can learn about yourself is what you mean by the words, "I love you."
a. True b. False

23. Equality is based on external factors or images.
a. True b. False

24. When two people become physically intimate, they do not necessarily become united.
a. True b. False

25. In our culture, "good sex" is usually defined in terms of techniques and performance.
a. True b. False

26. The real difference between romance and relationship, spiritually speaking, does not have to do with "surrender."
a. True b. False

27. Attachment represents an attempt to reach unity by merging with another soul.
a. True b. False

28. Feeling passion for work or politics or sex is the same as having passion for life.
a. True b. False

29. A drug may alter the brain's biochemical status, mimicking the spontaneous sensations that appear in ecstatic states, but the experience is devoid of meaning.
a. True b. False

30. One of the most beautiful proofs of ecstasy is delivered in a moment of inspiration.
a. True b. False

31. Even though moments of insight last only an instant, they are touchstones of something eternal.

a. True b. False

32. Compassion does not have to be founded on unconditional love.

a. True b. False

33. The love you seek is seeking you at this moment.

a. True b. False

You have now completed the exam. Please answer the following evaluation questions. Your answers do not affect your test score:

34. I have completed all the requirements for this home study course without any assistance from others.

a. True b. False

35. The content of this course was appropriate for my profession.

a. True b. False

36. The course information was relevant and can be applied to practice.

a. True b. False

37. The course information contributed to achieving personal, professional goals.

a. True b. False

38. I would recommend this program to others.

a. True b. False