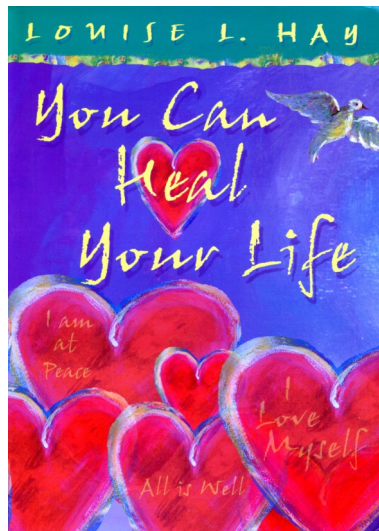




Home Study Continuing Education Program



You Can Heal Your Life By Louise L. Hay

7 CE Hours Credit

**Commonwealth Educational Seminars
1020 W. Barnstable Rd.
Marstons Mills, MA 02648
800-376-3345—508-428-8676 –fax: 508-420-3360
info@Commonwealthseminars.com
Www.Commonwealthseminars.com**

Home Study Program

Instructions

- 1. Purchase the book (or borrow the book from the library or colleague) or download any article at no cost. Purchase the test for CE certification.**
- 2. Read the book or article.**
- 3. Complete the test with a score of 75% or better.**
 - a. You may take it online if you wish.**

Please refer to the instructions on the registration page at the end of this test packet.
 - b. You may take the test more than once at no cost.**
- 4. Download your Certificate immediately.**
- 5. If you are not taking your test online, please mail or fax the test to:**

Commonwealth Educational Seminars
1020 West Barnstable Rd
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: (800) 376-3345 or email to:
info@CommonwealthSeminars.com

We are approved to offer Continuing Education credit for Social Workers, Psychologists, Nurses, Licensed Mental Health Counselors, Certified Counselors, Licensed Professional Counselors, Substance Abuse Counselors, Licensed Alcohol and Drug Abuse Counselors, LADCs (I-III) and Massachusetts Educators.



Certification Exam

You Can Heal Your Life

By Louise L. Hay

Select one response for each question below.

1. When we grow up, we have a tendency to re-create the emotional environment of our early home life.

- a. True b. False

2. A thought cannot be changed.

- a. True b. False

3. All dis-ease comes from a state of unforgiveness.

- a. True b. False

4. Self-approval and self-acceptance are the main keys to positive changes in every area of our lives.

- a. True b. False

5. The concept of loving ourselves cannot work miracles in our lives.

- a. True b. False

6. Berating ourselves for being too heavy is a waste of time.

- a. True b. False

7. Blame is one of the surest ways to stay in a problem.

- a. True b. False

8. Whatever we believe does not become true for us.

- a. True b. False

9. When we have some pattern buried deeply within us, it is not necessary to become aware of it in order to heal the condition.

- a. True b. False

10. The most powerful way to do affirmations is by looking in a mirror and saying them out loud.

- a. True b. False

11. Thoughts have no power over us unless we give in to them.

- a. True b. False

12. The relationships we have with objects, food and people all reflect the relationship you have with yourself.

- a. True b. False

13. Hunting for love never brings the right partner.

- a. True b. False

14. Love is never outside of ourselves; love is within us.

- a. True b. False

15. It is not our natural birthright to go from success to success all of our life.

- a. True b. False

16. Pain, of any sort, is not an indication of guilt.

- a. True b. False

17. Arthritis is a dis-ease that comes from a constant pattern

- a. True b. False

18. Our skin does not represent our individuality.

- a. True b. False

19. Stiffness in the body represents stiffness in the mind.

- a. True b. False

20. Most of the author's childhood was spent enduring both physical and sexual abuse.

- a. True b. False

21. Sometimes what seems to be a big tragedy turns out to become the greatest good in our lives.

- a. True b. False

You have now completed the exam. Please answer the following evaluation questions.
Your answers do not affect your test score:

22. I have completed all the requirements for this home study course without any assistance from others.

- a. True b. False

23. The content of this course was appropriate for my profession.

- a. True b. False

24. The course information was relevant and can be applied to practice.

- a. True b. False

25. The course information contributed to achieving personal, professional goals.

- a. True b. False

26. I would recommend this program to others.

- a. True b. False

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**You Can Heal Your Life
Certification Test
You may take this certification test online.**

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on *You Can Heal Your Life* in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 5. Take the test and submit it.**
- 6. Download and print your Certificate of Completion.**

**Or you can fill out this printed test and send it to us.
Please fill in the following information and Mail/fax it to:**

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Marstons Mills, MA 02648**

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Address: _____

City: _____ **State:** _____ **Zip:** _____

Telephone: (_____) _____ **e-mail:** _____ @ _____

I am seeking CE credit for the following profession(s):

Profession	License Number	State
_____ Psychologist (APA):	_____	_____

_____ **Social Work (ASWB):** _____

_____ **Certified Counselor (NBCC):** _____

_____ **LMHC (NBCC):** _____

_____ **Drug/Alcohol Counselor/LADC:(NAADAC):** _____

_____ **Licensed Marriage/Family Therapist (NBCC):** _____

_____ **Nurse:** _____

Certification Number: