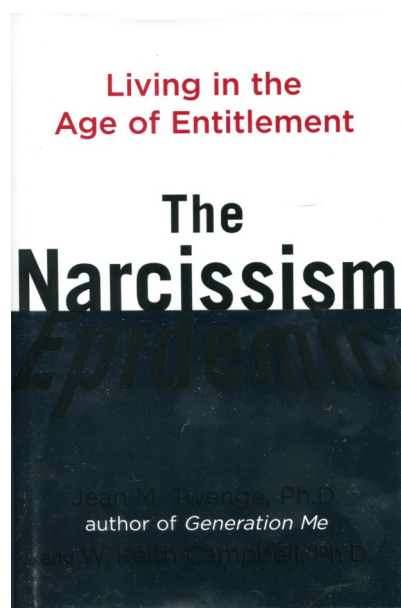




Home Study Continuing Education Program



The Narcissism Epidemic

By Jean M. Twenge, PhD and W. Keith Campbell, PhD

10 CE Hours credit

Commonwealth Educational Seminars

1020 West Barnstable Rd

Marstons Mills, MA 02648

(800) 376-3345—Fax: (508) 420-3360

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Home Study Program

Instructions

- 1. Purchase the book (or borrow the book from the library or colleague) or download any article at no cost. Purchase the test for CE certification.**
- 2. Read the book or article.**
- 3. Complete the test with a score of 75% or better.**
 - a. You may take it online if you wish.**

Please refer to the instructions on the registration page at the end of this test packet.
 - b. You may take the test more than once at no cost.**
- 4. Download your Certificate immediately.**
- 5. If you are not taking your test online, please mail or fax the test to:**

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Commonwealth Educational Seminars Certification Exam

The Narcissism Epidemic

By Jean Twenge, Ph.D. and W. Keith Campbell, Ph.D.

Select one response for each question below.

1. More than 80 percent of college students recently scored higher in general self-esteem than the average 1960s college student.

- a. True b. False

2. The Narcissistic Personality Inventory (NPI) was developed in the 1980s by Robert Raskin and Howard Terry.

- a. True b. False

3. This book focuses on the more vulnerable form of narcissism than on the outgoing, exhibitionistic form.

- a. True b. False

4. The "cover for insecurity" model of narcissism is pervasive in our culture.

- a. True b. False

5. It is a mistaken idea that narcissists have low self-esteem.

- a. True b. False

6. Researchers have recently adapted the IAT to measure self-esteem.

- a. True b. False

7. Over the last few decades, narcissism has not risen as much as obesity.

- a. True b. False

8. Almost every trait related to narcissism rose between the 1950s and the '90s.

- a. True b. False

9. The increase in narcissism is not an outcome of a shift in culture toward a greater focus on self-admiration.

- a. True b. False

10. Narcissists do not have a high tolerance for risks.

- a. True b. False

11. Self-esteem is not a consistent predictor of leadership.

- a. True b. False

12. Narcissism has short-term benefits. It feels good.

- a. True b. False

13. At the same time that the interest in self-esteem and self-expression ramped up, the culture began to move away from community-oriented thinking.

- a. True b. False

14. The year 2008 will be remembered as the year when credit-fueled, entitled dreams finally hit the wall of reality.

- a. True b. False

15. MySpace, Facebook, and You Tube may prove to be a second inflection point for the growth of the narcissism epidemic.

- a. True b. False

16. There has been a shift in parenting away from rules and limit setting and toward the child getting what he or she wants.

- a. True b. False

17. It is likely American culture will go back to the earlier model of the authoritarian parent.

- a. True b. False

18. Pinsky and Young's study found that male celebrities were more narcissistic than female celebrities.

- a. True b. False

19. One of the best counter-examples to the narcissism epidemic in the media is Harry Potter.

- a. True b. False

20. Two key symptoms of narcissism are over-confidence and greed.

- a. True b. False

21. Much of today's desire for physical beauty springs from the fountain of self-admiration.

- a. True b. False

22. A narcissist does not think of a relationship partner as fuel.

- a. True b. False

23. Religion has not traditionally put the brakes on narcissistic behaviors.

- a. True b. False

24. China has a strong sense of Confucian collectivism.

- a. True b. False

25. The biggest obstacle to understanding narcissism is its wide array of symptoms.

- a. True b. False

26. The importance of self-expression is not enmeshed in our culture.

- a. True b. False

27. Love emphasizes connection, but specialness emphasizes difference.

- a. True b. False

28. Americans are not generally taught from birth that standing out and being better than others is a good thing.

- a. True b. False

29. Some of the most intense, religiously grounded opposition to the narcissistic epidemic can be found in the Middle East.

- a. True b. False

30. Many self-centered parents transfer their narcissism onto their children.

- a. True b. False

You have now completed the exam. Please answer the following evaluation questions. Your answers do not affect your test score:

31. I have completed all the requirements for this home study course without any assistance from others.

- a. True b. False

32. The content of this course was appropriate for my profession.

- a. True b. False

33. The course information was relevant and can be applied to practice.

- a. True b. False

34. The course information contributed to achieving personal, professional goals.

a. True b. False

35. I would recommend this program to others.

a. True b. False

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Certification Test**

You may take this certification test online.

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on *The Narcissism Epidemic* in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 5. Take the test and submit it.**
- 6. Download and print your Certificate of Completion.**

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I am seeking CE credit for the following profession(s):

Profession	License Number	State
_____ Psychologist (APA):	_____	_____

_____ Social Work (ASWB):	_____	_____
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_____ Certified Counselor (NBCC):	_____	_____
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_____ LMHC (NBCC):	_____	_____
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_____ Drug/Alcohol Counselor/LADC:(NAADAC):	_____	_____
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_____ Nurse:	_____	_____
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_____ Dietitian:	_____	_____
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ID Number: