



Home Study Continuing Education Program

**Guidelines for Psychotherapy
with Lesbian, Gay, & Bisexual Clients**

1.5 CE Hours credit

Commonwealth Educational Seminars

1020 West Barnstable Rd

Marstons Mills, MA 02648

(800) 376-3345—Fax: (508) 420-3360

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Www.CommonwealthSeminars.com

Home Study Program

Instructions

- 1. Purchase the book (or borrow the book from the library or colleague) or download any article at no cost. Purchase the test for CE certification.**
- 2. Read the book or article.**
- 3. Complete the test with a score of 75% or better.**
 - a. You may take it online if you wish.**

Please refer to the instructions on the registration page at the end of this test packet.
 - b. You may take the test more than once at no cost.**
- 4. Download your Certificate immediately.**
- 5. If you are not taking your test online, please mail or fax the test to:**

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Marstons Mills, MA 02648

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Questions? Phone: (800) 376-3345 or email to:
info@CommonwealthSeminars.com

We are approved to offer Continuing Education credit for Social Workers, Psychologists, Licensed Mental Health Counselors, Certified Counselors, Licensed Professional Counselors, Substance Abuse Counselors, Licensed Alcohol and Drug Abuse Counselors, LADCs (I-III) and additionally, in Massachusetts and California, RNs and LPNs.



Commonwealth Educational Seminars

Certification Exam

Guidelines for Psychotherapy with Lesbian, Gay, & Bisexual Clients

Select one response for each question below.

1. When did the the American Psychiatric Association decide to remove homosexuality from its list of mental disorders.

- a. 1934
- b. 1956
- c. 1973
- d. 1982

2. The literature that classifies homosexuality and bisexuality as mental illness has been found to be methodologically unsound.

- a. True b. False

3. When therapists are uninformed about the unique issues of lesbian, gay, and bisexual people, they may not understand the effects of stigmatization on individuals and their intimate relationships.

- a. True b. False

4. Research has shown that gay men are not at risk for mental health problems and emotional distress as a direct result of discrimination and negative experiences in society.

- a. True b. False

5. Given the real and perceived social and physical dangers faced by many lesbian, gay, and bisexual clients, developing a sense of safety is of primary importance.

- a. True b. False

6. Lesbian, gay, or bisexual people in relationships do not seek therapy for reasons common to many couples but rather for reasons that are unique to those in same-sex relationships.

- a. True b. False

7. The primary difficulties facing children of lesbian, gay, and bisexual parents are associated with misconceptions about their parents that are held by society at large.

- a. True b. False

8. People in same-sex relationships tend to derive less support in adulthood and old age from their families of origin than do their heterosexual counterparts.

- a. True b. False

9. The awareness of a family member's homosexuality or bisexuality may precipitate a family crisis that can result in the expulsion of the homosexual or bisexual member, rejection of the parents and siblings by the homosexual or bisexual member, parental guilt and self-incrimination, or conflicts within the parents' relationship.

- a. True b. False

10. In offering psychological services to racially and ethnically diverse lesbian, gay, and bisexual populations, it is sufficient that therapists simply recognize the racial and ethnic backgrounds of their clients.

- a. True b. False

11. When lesbian, gay, or bisexual youth have been rejected by their parents, they:

- a. Are at increased risk of becoming homeless.
 b. May resort to prostitution.
 c. Increase their risk for HIV infection.
 d. Increase their risk for stress.
 e. All of the above

12. Older lesbian, gay, and bisexual couples present potential issues, particularly because they often lack legal rights and protection afforded to older heterosexual couples.

- a. True b. False

13. Studies have reported that many lesbians and gay men with disabilities have experienced coercive sexual encounters. Therefore, it may be important for therapists to assess the extent to which the person may have experienced sexual or physical victimization.

- a. True b. False

14. Due to the addition of diversity training during graduate education and internship, studies have shown that graduate students in psychology often report that they have received adequate education and training in lesbian, gay, and bisexual issues and that graduate students and novice therapists feel prepared to work effectively with lesbian, gay, and bisexual clients.

- a. True b. False

You have now completed the exam. Please answer the following evaluation questions.

Your answers do not affect your test score:

15. I have completed all the requirements for this home study course without any assistance from others.

a. True b. False

16. The content of this course was appropriate for my profession.

a. True b. False

17. The course information was relevant and can be applied to practice.

a. True b. False

18. The course information contributed to achieving personal, professional goals.

a. True b. False

19. I would recommend this program to others.

a. True b. False

**Guidelines For Psychotherapy With Lesbian, Gay & Bisexual Clients
Certification Test**

You may take this certification test online.

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on "Take Your Test"**
- 3. Click on *Guidelines For Psychotherapy With Lesbian, Gay & Bisexual Clients* in the Articles listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 5. Take the test and submit it.**
- 6. Download and print your Certificate of Completion.**

**Or you can fill out this printed test and send it to us.
Please fill in the following information and Mail/fax it to:**

**Commonwealth Educational Seminars
1020 West Barnstable Rd
Marstons Mills, MA 02648
Fax: (508) 420-3360**

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Telephone: () _____ e-mail: _____@_____

I am seeking CE credit for the following profession(s):

Profession License Number State
____ **Psychologist (APA):** _____

____ **Social Work (ASWB):** _____

____ **Certified Counselor (NBCC):** _____

____ **LMHC (NBCC):** _____

____ **Drug/Alcohol Counselor/LADC:(NAADAC):** _____

____ **Licensed Marriage/Family Therapist (NBCC):** _____

____ **Registered Nurse: CA or MA:** _____

Certification Number