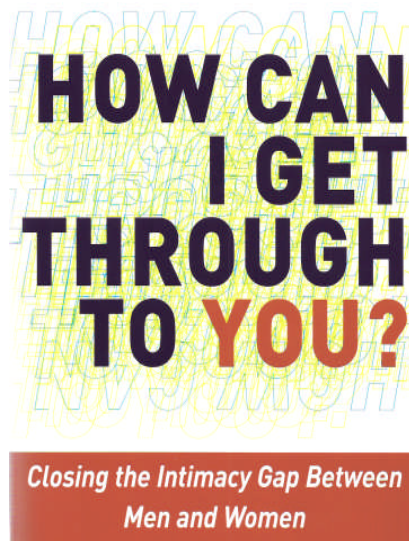




## Home Study Continuing Education Program



TERRENCE REAL

**How Can I Get Through To You?**  
By Terrence Real

# Commonwealth Educational Seminars

## Certification Exam

### How Can I Get Through To You? Closing The Intimacy Gap Between Men And Women.

By Terrence Real

Select one response for each question below.

1. Research has shown the longer couples live together, the lower their reported contentment.

- a. True     b. False

2. Over 70% of divorces are initiated by women.

- a. True     b. False

3. One reason for current gender relations is that in the last 30 years, women's roles have dramatically transformed while men's have not.

- a. True     b. False

4. For the first time, the current generation of men and boys are being raised to be intimate, rather than competitive performers.

- a. True     b. False

5. Author Terrence Real contends that our culture teaches girls, more than boys, how to have a healthy relationship with themselves or with others.

- a. True     b. False

6. In the last 20 years, the trend for two-member working households is for partners to share housework and childcare.

- a. True     b. False

7. Real asserts that violence is a by-product of boyhood socialization.

- a. True     b. False

8. Unlike femininity, masculinity represents a “negative identity”, where boys are taught to disavow human qualities.

- a. True     b. False

9. Jean Baker Miller asserts that the fault of the Patriarchal Vision is the delusion of dominance.

- a. True     b. False

10. Pia Mellody contends that, as opposed to disempowering abuse, falsely empowering a child is actually a positive form of parenting.

- a. True     b. False

11. Over the last 30 years, teaching couples communication skills has resulted in a decreased incidence of divorce.

- a. True     b. False

12. The most reliable predictor of long-term marital success is a pattern in which wives, in non-offensive, clear ways, communicate their needs, and their husbands alter their behavior to meet them.

- a. True     b. False

13. Real contends that all therapists, under patriarchal mores, are coded as female, and suffer the devaluation and intimidation as are traditional wives.

- a. True     b. False

14. In relational recovery, a therapist must slowly form a trusting relationship with a male client before confronting difficult truths.

- a. True     b. False

15. Real hypothesizes that while traditional therapy is effective in dealing with shame, it is generally ineffective when it comes to issues of grandiosity.

- a. True     b. False

16. While women appear to be over-dependent and men appear anti-dependent, both genders are taught to renounce their wants and needs.

- a. True     b. False

17. Sex therapist David Schnarch observed that people tend to do in the bedroom what they do not do in every other room.

- a. True     b. False

18. The first phase of relational recovery, bringing the couple back into connection, requires the partners, as individuals, to move beyond gender roles that were imposed upon them as children.

- a. True     b. False

19. Researchers at The Stone Center dispensed with the terms of “growth” versus “connection” and developed the concept of growth-in-connection.

- a. True     b. False

20. A state of worn-out disengagement is generally not a valid indicator of eventual divorce.

- a. True     b. False

21. The relational rule that surpasses all rules is that you must be connected, willing to see what is in front of you, and willing to move if what you are doing is not working.

- a. True     b. False

22. Relational esteem helps us learn to speak the truth to ourselves. Learning to speak relationally provides a map for telling our truth to others.

- a. True     b. False

You have now completed the exam. Please complete the following

23. I have completed all of the requirements for this Home Study course without any assistance from others.

- a. True     b. False

24. The author, Terrence Real, was knowledgeable in the content area.

- a. True     b. False

25. The course information was relevant and can be applied to practice.

- a. True     b. False

26. The course information contributed to achieving personal, professional goals.

- a. True     b. False

27. I would recommend this program to others.

- a. True     b. False



# Home Study Program

## Instructions

1. Purchase/obtain the book or article.
2. Read the book or article.
3. Complete the test with a score of 75% or better.
  - a. You may take it online if you wish. Please refer to the instructions on the registration page of the test packet.
  - b. You may take the test more than once at no cost.
4. Download the Certificate immediately.
5. If you are not taking the test online, please mail or fax the test to:

Commonwealth Educational Seminars  
1020 West Barnstable Rd  
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: 800) 376-3345 or email at  
[info@CommonwealthSeminars.com](mailto:info@CommonwealthSeminars.com)

**We are approved to offer Continuing Education credit for Social Workers, Psychologists, Licensed Mental Health Counselors, Certified Counselors, Licensed Professional Counselors, Substance Abuse Counselors, Licensed Alcohol & Drug Abuse Counselors, LADCs (I-III), NAADAC members and additionally, in Massachusetts, RNs and LPNs.**

**How Can I Get Through To You? Certification Test**  
**You may take this certification test online.**

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on *How Can I Get Through To You?* in the books listing.**
- 4. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
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- 6. Download and print your Certificate of Completion.**

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Telephone: (\_\_\_\_) \_\_\_\_\_ e-mail: \_\_\_\_\_@\_\_\_\_\_

**I am seeking CE credit for the following profession(s):**

<b>Profession</b>	<b>License Number</b>	<b>State</b>
____ Psychologist (APA):	_____	_____

\_\_\_\_ Social Work (ASWB): \_\_\_\_\_

\_\_\_\_ Certified Counselor (NBCC): \_\_\_\_\_

\_\_\_\_ LMHC (NBCC): \_\_\_\_\_

\_\_\_\_ Drug/Alcohol Counselor/LADC:(NAADAC): \_\_\_\_\_

\_\_\_\_ Licensed Marriage/Family Therapist (NBCC): \_\_\_\_\_

**Certification Number**

*Commonwealth Educational Seminars*  
PROGRAM EVALUATION

**Topic Title: How Can I Get Through To You?**

**Participant's Name :** \_\_\_\_\_

We appreciate your help in evaluating this program. Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high).

**OBJECTIVES**

I am better able to:

- \_\_\_ 1. Grasp the causes of communication blocks between men and women.
- \_\_\_ 2. Recognize the attitudes and emotional stumbling blocks of the patriarchal culture in which we were raised.
- \_\_\_ 3. Comprehend Terrence Real's innovative approach to healing wounds and reconnecting partners with a new strength and understanding.

**CONTENT**

- \_\_\_ 1. Appropriate for my profession.      \_\_\_ 2. Consistent with stated objectives.

<b>Author</b>	<b>Knowledgeable in Content area</b>
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Terrence Real

**COMMENTS:**

**RELEVANCY**

- \_\_\_ 1. Information could be applied to practice.
- \_\_\_ 2. Information could contribute to achieving personal, professional goals.

This program enhanced my professional expertise.	___ Substantially	___ Somewhat	___ Not at all
I would recommend this program to others.	___ Yes	___ No	___ Not sure