



## **Home Study Continuing Education Program**



### **Confidentiality Of Mental health Information: Ethical, Legal and Policy Issues**

**2 CE Hours Credit**

**Commonwealth Educational Seminars  
1020 W. Barnstable Rd  
Marstons Mills, MA 02648  
800-376-3345—508-428-8676— fax: 508-420-3360  
info@Commonwealthseminars.com  
Www.Commonwealthseminars.com**

# **Home Study Program**

## **Instructions**

- 1. Purchase the book (or borrow the book from the library or colleague) or download any article at no cost. Purchase the test for CE certification.**
- 2. Read the book or article.**
- 3. Complete the test with a score of 75% or better.**
  - a. You may take it online if you wish.**

**Please refer to the instructions on the registration page at the end of this test packet.**
  - b. You may take the test more than once at no cost.**
- 4. Download your Certificate immediately.**
- 5. If you are not taking your test online, please mail or fax the test to:**

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1020 West Barnstable Rd  
Marstons Mills, MA 02648

Fax: (508) 420-3360

Questions? Phone: (800) 376-3345 or email to:  
[info@CommonwealthSeminars.com](mailto:info@CommonwealthSeminars.com)

**We are approved to offer Continuing Education credit for Social Workers, Psychologists, Nurses, Licensed Mental Health Counselors, Certified Counselors, Licensed Professional Counselors, Substance Abuse Counselors, Licensed Alcohol and Drug Abuse Counselors, LADCs (I-III) and Massachusetts Educators.**



## **Commonwealth Educational Seminars Certification Exam**

### **Confidentiality of Mental Health Information: Ethical, Legal and Policy Issues**

Select one response for each question below.

1. Disclosure of confidential communications made during counseling sessions may cause embarrassment or disgrace. For this reason, the mere possibility of disclosure may impede development of the confidential relationship necessary for successful treatment.

- a. True     b. False

2. According to this report, some people have concluded that the ultimate question when patient-specific data are transported and used outside of the clinical context is security of the data.

- a. True     b. False

3. One concern in this report was the emergence of a variety of techniques that depend on third-party review of a practitioner's judgment that an individual should receive care, which have resulted in increased demands for patient-specific information before care is approved.

- a. True     b. False

4. An additional concern cited was that private health care information may be distributed for the purpose of marketing commercial products, such as pharmaceuticals, that many believe constitutes an improper use of such information.

- a. True     b. False

5. Regarding confidentiality, generally there is significant agreement about the exceptions to confidentiality that the law permits or requires.

- a. True     b. False

6. In the past, the stigma and discrimination associated with mental illness were reinforced by laws that stripped people of their legal rights upon admission to a psychiatric hospital, and by social attitudes that often equated mental illness with potential violence.

- a. True     b. False

7. Concerns regarding confidentiality may cause individuals to decide to pay for his or her own care, withhold certain types of sensitive information during treatment, or avoid seeking care.

- a. True     b. False

8. In a study cited here, subjects who were told that confidentiality was absolute reported that they were more willing to disclose information about themselves than individuals who were told that confidentiality was limited.

- a. True     b. False

9. In a 1993 Harris survey 34% of respondents had decided to forego care because of concern that information that would be generated in care might harm their employment possibilities or other opportunities.

- a. True     b. False

10. The HIPAA code was developed, in part, because it also seemed clear that there were significant gaps in the existing legal framework that protected the confidentiality of mental health information.

- a. True     b. False

You have now completed the exam. Please answer the following evaluation questions. Your answers do not affect your test score:

11. I have completed all the requirements for this home study course without any assistance from others.

- a. True     b. False

12. The content of this course was appropriate for my profession.

a. True     b. False

13. The course information was relevant and can be applied to practice.

a. True     b. False

14. The course information contributed to achieving personal, professional goals.

a. True     b. False

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**Confidentiality of Mental Health information Certification Test**  
**You may take this certification test online.**

- 1. Log on to CommonwealthSeminars.com**
- 2. At the bottom of the column on the left, click on “Take Your Test”**
- 3. Click on *Confidentiality Of Mental Health Information* in the articles listing.**
- 1. Fill in the information requested. Use the Certification Number at the bottom of this page as your ID.**
- 2. Take the test and submit it.**
- 3. Download and print your Certificate of Completion.**

**Or you can fill out this printed test and send it to us.**  
**Please fill in the following information and Mail/fax it to:**

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**1020 West Barnstable Rd**  
**Marstons Mills, MA 02648**  
**Fax: (508) 420-3360**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_ e-mail: \_\_\_\_\_ @ \_\_\_\_\_**

**I am seeking CE credit for the following profession(s):**

<b>Profession</b>	<b>License Number</b>	<b>State</b>
_____ <b>Psychologist (APA):</b>	_____	_____

_____ <b>Social Work (ASWB):</b>	_____	_____
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_____ <b>Certified Counselor (NBCC):</b>	_____	_____
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_____ <b>LMHC (NBCC):</b>	_____	_____
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_____ <b>Drug/Alcohol Counselor/LADC:(NAADAC):</b>	_____	_____
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_____ <b>Licensed Marriage/Family Therapist (NBCC):</b>	_____	_____
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_____ <b>Nurses:</b>	_____	_____
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**Certification Number**